

LIFE INSTITUTE is affiliated with The G. Raymond Chang School of Continuing Education at Ryerson University. LIFE offers lifelong learning programs to adults 50+ who are retired or preparing for retirement. Members of LIFE can attend stimulating daytime classes and participate in creative learning at Ryerson or at off-campus locations. All members have full access to Ryerson facilities—the library, audiovisual materials, bookstore, cafeteria, the International Conference Centre, and the Ryerson Athletic Centre.

LIFE INSTITUTE offers a wide variety of study groups and lecture courses in the Arts, Humanities, Sciences, Technology, and Contemporary Issues. Computer classes, theatre outings, and creative writing classes are just some of the many programs offered in daytime classes throughout the Fall, Winter, and Spring semesters. The Course Calendars for these sessions are mailed to all members as part of the LIFE membership.

LIFE INSTITUTE is a non-profit organization managed by a Board of Directors elected annually by members of LIFE. Members are encouraged to participate in the many facets of the Board's activities in furthering new concepts in lifelong learning programs.

#### **ACKNOWLEDGEMENTS**

#### Thanks to:

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  - Sandra Kerr, Director, Programs for 50+
  - Mena Carravetta, Administrative Assistant, Programs for 50+
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- Rosina Daillie, Editor

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If you are experiencing difficulties paying your fees or if you have any other problems you wish to discuss confidentially, feel free to call your Ombuddy, Jack Marmer:

Tel: (416) 787-6941 or by e-mail at jmarmer@idirect.ca.

For all other enquiries, call the office at (416) 979-5000, Ext. 6989.

#### From Your President

I'd especially like to welcome all new members to LIFE and hope that you have a rewarding year here with us. I think you'll find that we are a friendly group of people interested in learning more about the world and in discussing and debating the ideas we encounter. Just step up, join in, and take part!

And to all returning members, I know you already enjoy LIFE or you wouldn't be back. I look forward to getting to know more of you this year in class and at events. The first opportunity to do just that will be the annual Welcome Day to be held on Monday, September 19. Please come to meet some of your moderators and other members for a short program, a dynamite speaker, and lots of good conversation.

Fasten your seat belts: this is going to be a year of change! We'll be starting up our brand new website with more information than ever to keep you up to date and connected. Be sure to go online and take a look at us when the site is launched later this Fall—we'll let you know when that happens. We're also preparing for Online Registration to be in place for the Winter semester. And there will be lots of help to guide you through that process.

But some good things stay the same – as always, LIFE is ready for another year of learning and friendship. Our Fall Calendar offers you an interesting smorgasbord of more courses than ever, taking you to faraway places and times, examining important current events and issues, and giving you a taste of the arts. Whether you enjoy listening to lectures or participating in classroom discussion, there's something here for you. And, after a lively debate about politics or discussion about a book, lots of us continue those debates and discussions over a cup of coffee or lunch at one of the cafeterias on campus and restaurants in the area.

Finally, a heartfelt thanks to everyone who makes this organization possible— our invaluable office administrator, hard-working members of the Board, creative moderators, willing volunteers, and all our members who fill the classes and make LIFE such a vibrant and friendly place to be.

Martha Wall President

#### Benefits of a LIFE Membership in 2011-2012

- the opportunity to enroll in an unlimited number of classes in three full semesters
- the choice among various styles of class formats, *including participatory* sessions, research and presentations, and lectures
- subscription to LIFE's newsletter, LIFElines, three times a year
- social events Welcome Days, Winterfest, March Mingle, the AGM
- *group social activities:* Spring and Summer Walks, Clubs • eligibility to join LIFE Travels Program
  - access to Ryerson facilities: the Library, recreational facilities, etc.
  - a computer lab dedicated solely for the use of LIFE
  - a chance to socialize with like-minded adults
  - opportunities to contribute and use your skills by volunteering, moderating, becoming a committee member, joining the Board of **Directors**

A PLACE TO GO ... A PLACE TO LEARN ... A PLACE TO DO ... A PLACE TO BELONG ...

## **DATES TO** REMEMBER



Mon., Aug. 1 Mon., Sept. 5 Mon., Sept. 19 Mon., Sept. 26 Mon., Oct. 10 Thurs., Dec. 15 Thurs., Dec. 22

Civic Holiday – Ryerson is closed Labour Day – Ryerson is closed Welcome Day and Moderators' Workshop LIFE moderator-led classes begin Wed. - Fri., Sept 28-30 Rosh Hashanah - Ryerson is open Thanksgiving Day – Ryerson is closed **Winterfest Holiday Party** LIFE office closes at 3:00 p.m. and will re-open on Mon., January 2, 2012

#### **Welcome Day/Special Events**



#### **WELCOME DAY, FALL 2011**

WELCOME

Please join us as a new season of LIFE opens again with Welcome Day!

Meet old friends and make new ones as LIFE members greet the Fall semester.

Enjoy updates and information, refreshments, and lots of conversation.

Special guest speaker:

**Katherine Barber,** an authority on English usage, particularly in Canada, is "Canada's Word Lady," bestselling author, and founding editor of the Canadian Oxford Dictionary, with a knack for making words lively and entertaining. Her intriguing title is:

Bachelor for Rent: Things You Never Knew About Canadian English

When: Monday, September 19, 2011

Time: 1:00 p.m. – 3:00 p.m. (Doors open at 12:30 p.m.)

Where: POD 250 Jorgenson Hall, 380 Victoria Street

No charge ... no RSVP ... Just COME!



On the morning of Welcome Day, all moderators are invited to a:

#### **MODERATORS' WORKSHOP**

**When:** Monday, September 19, 2011 **Time:** 10:00 a.m. – 12:00 noon

Where: Room POD 250, Jorgenson Hall, 380 Victoria Street

Share ideas, learn new techniques, put even more zip into the course you're offering this Fall, and start your planning for the Winter and Spring sessions.



#### Winterfest



Mark your calendar now for LIFE's annual holiday celebration.

Delicious buffet lunch, entertainment,
lots of holiday cheer, and that special

LIFE Winterfest ambience!

When: Thursday, December 15, 2011
Time: 12:00 noon – 3:00 p.m.
Where: Oakham House, 63 Gould Street







#### Welcome to Fall 2011 at LIFE Institute

- The Calendar for Fall 2011 offers a varied selection of courses in arts, public affairs, history, music, theatre, film, writing, etc. that reflect a wide range of styles and delivery.
- MODERATOR-LED COURSES are facilitated by volunteer moderators who are members of LIFE. In some courses, the moderator will prepare and direct the content of the sessions. In others, participants not only choose the direction and content of the course, but also research and give presentations to the class on topics chosen.
- LECTURE COURSES are usually a series of lectures following a specific theme or topic; these are given by professors or experts in the field and often include time for questions and answers.
   Reading lists are frequently offered.
- OFF-CAMPUS COURSES are run in partnership with various institutions in the city and are offered on their premises.
- COMPUTER COURSES and workshops are small, hands-on classes given in our Computer Education Lab (CEL) in the Victoria Building, 285 Victoria Street, Room VIC 607A. Courses are based on Windows programs. Please reserve early by first calling the LIFE Office at (416) 979-5000, Ext. 6989 to check availability of a course. Send in your registration form and payment only after your space in this course has been confirmed.

#### **Membership and Course Registration**

- Once our new website is in full operation, we will be able to offer both membership and course registration electronically, and payment by credit card. Meanwhile, please note the following registration procedures apply:
- Registration will be accepted ONLY by mail.
- Full payment by cheque ONLY must accompany your registration.
- Cash will not be accepted.
- You must be a member of LIFE Institute to enroll in courses and activities (except as specified in the Calendar). Membership fees for the membership year ending August 31, 2012 are \$80 per person. You may submit a membership application with appropriate payment at the same time as you register for courses.
- Please read the course/activity registration information carefully. Classes have different fee rates, but registration is required for all classes, walks, and events you wish to attend, even for those that are free of charge, except items specially marked in the Calendar.
- Priority of Registration: Registrations will be processed in sequence of mailing date (stamped on the envelope).
- **Confirmation of Registration:** You will be notified by mail or e-mail that your registration has been accepted. (See note on Wait Lists.)

#### **LIFE Policy for Refund of Fees**

 Refund of Course Fees, less a \$15.00 administration charge, will be made upon written application before:

- the third session of a course of 7 weeks or more
- the second session of a course of 4-6 weeks
- the first session of a course of 1-3 weeks

Course materials/admission costs included in the fee may not be refundable.

- If a course is cancelled, the entire fee is refundable, and the administration charge will not apply.
- Refunds will only be in the form of a voucher or credit note which can be applied to any other current or future LIFE course or event.
- **Theatre Alive:** There can be no refund once the block of tickets has been purchased. Tickets are not mailed; they are to be picked up at the first play of the season.
- Refund of Membership Fees will be considered only upon written request and may be subject to an administration charge.

#### **Class Times and Dates**

 Class times and dates are usually as shown in the Calendar. Occasionally, due to circumstances beyond our control, class times and/or dates may be changed and classes may be held off the Ryerson Campus. Classes start and end on different dates; please read the course descriptions carefully. From time to time, due to unforeseen circumstances, a class (or classes) in a course may have to be cancelled. Should this be the case, your understanding will be very much appreciated.

#### **Classroom Location**

- Rooms for our LIFE courses are not assigned until the week before classes start. As soon as they are available, the full list of room numbers will be:
  - sent by e-mail to members who have provided an e-mail address,
  - posted on the LIFE website (www.ryerson.ca/~lifeinst)
  - posted on the LIFE blog (www.thelifeinstitute.blogspot.com)
  - included in the voice message for the LIFE office (416) 979-5000, Ext. 6989. (Warning: This is a long message!)
- If time permits, moderators or class liaisons will contact class members to provide room information. Please advise the LIFE Office at (416) 979-5000, Ext. 6989 if you have difficulty with a class due to a disability (mobility, hearing, vision, or other).
   Sometimes we can work out a solution.

#### NOTE ON WAIT LISTS

Some courses are extremely popular and fill up very quickly. You will be notified by mail or e-mail that your registration has been processed and that you are in a course or on a Wait List. If you do not get in, you may remain on the Wait List or choose a different course.

For computer courses, you must confirm your spot in advance of payment. Leave your name on the Wait List even if the class if full, because people do drop out.

# Fall 2011 Courses by Category

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Category	Code	Title of Course	Page #
ART	F09A F08 F55 F09	An Art Lover's Banquet Marc Chagall: A True Modernist Fabulous Fridays: Adventures in Art Portraiture in Painting	8 8 21 8
COMPUTER COURSES	F58–F69	•	22-24
DANCE	F47	Ballet Appreciation: The National Ballet of Canada Season	18
ETHICS	F05	Ethical Issues in the News	7
FILM	F38 F16 F51 F22	The NFB at the Oscars The History of Hollywood The Paradox of Director Steven Spielberg Roads to Perdition: The Dark Allure of Film Noir	16 10 19 11
FINANCE	F20	Protecting Your Money: Guard Against Greed	11
HISTORY/CULTURAL STUDIES	F14 F30 F54 F44 F06 F45 F28 F41	Black Canadian Luminaries Cuba at the Crossroads: Past, Present, and Future Extraordinary Marriages: For Better, For Worse Great Women Photographers History of Comedy: Tragedy Plus Time History of the English Language Landscapes of Renaissance Italy Weird Historical Events	9 13 20 18 7 18 13
LANGUAGE	F33 F23	Conversations et lectures de textes littéraires variés de langue française Spanish Conversation	14 12
LAW	F32	Canada's Wrongfully Convicted	14
LITERATURE	F25 F29 F52 F07 F42	The Arts and Canadian Identity Book Talk Reviewing the Reviews: A Liberal Education The Things We Only Read to Our Children Whodunit? And Why Do We Want to Know?	12 13 20 7 17
MUSIC	F43 F01 F10 F50 F39	And All That Jazz An Affectionate Look at Broadway Musicals Chantons en français, s.v.p. Five Operas Inspired by Shakespeare Johann Sebastian Bach: His Life, Times, and Music	17 6 8 19 16
PASTIMES	F26 F02 F49 F56	Digital Photography: Intermediate Level Exploring the Gardens of Europe Fall Birding in the Toronto Area Wine Tasting: Comparative Grapes Around the World	12 6 19 21
PHILOSOPHY	F19	Philosophy Café	11
POLITICS/ PUBLIC AFFAIRS	F36 F48 F03 F53	Current Events The Economist Seminar Politics, People, and Other Issues Toronto Topics	16 19 6 20
PSYCHOLOGY/ PERSONAL DEVELOPMENT	F17 F13 F40	The Art of Possibility Bewitchment in Fairy Tales: A Jungian View Psychology: Lunch 'n Learn	10 9 17
SCIENCE/MEDICAL	F24 F11	How to Appreciate Statistics Medical Issues That Tear Your Heartstrings	12 9
THEATRE	F18 F57 F04 F35	Arthur Miller and the American Dream Extra! Extra! Reader's Theatre Theatre Alive!	10 21 7 15
WORLD STUDIES PROGRAM	F34 F15 F21 F27 F12 F46	Europe: Stagnation or Renewal? Feeding the World: Past Success and Future Challenge How Energy Will Shape Our World Immigration as a Global Phenomenon The Role of the Media in the Modern World What Does China's Rise Really Mean?	14 10 11 13 9 18
WRITING	F37 F31	Kickstarting Your Creativity Recording Recollections	16 14

#### FALL 2011 COURSES



Please note when LIFE classes begin and end. All classes are to begin at 10 minutes after the hour and end five minutes before the hour. This schedule gives participants time to move

from one class to another. These times are now listed with each course in the Calendar and on the Courses at a Glance (page 25) for your information. Off-campus courses may begin and end on the hour as before.

#### Special Programs in the LIFE Calendar



Throughout the Fall Calendar you will find this logo identifying those courses which are part of the World Studies Program.

This program offers a series of in-depth study courses on the important economic and political issues of the day, accompanied by a collection of relevant reading materials designed to encourage deeper understanding of the subject and informed participation in class. The intent is that, with extensive opportunity for discussion, all participants will learn together to enhance their collective understanding of the issues.



You will also find this logo identifying courses connected with LIFE Travels, our program of educational trips available to all LIFE members. This term we are offering

courses designed to supplement our upcoming trip to Cuba. These courses are open to all - there is no need to sign up for the trip to take the course.

#### An Affectionate Look at Broadway Musicals: The Second Act



The curtain is going up again for a look at more great Broadway shows, such as Music Man, Pajama Game, Gypsy, and others that we did not have time to appreciate last year. Their magical combination of melody, lyric, story, and dance deserve a second act. Along with viewing, listening, and enjoying, we will explore the history of the shows and the lives of the composers and lyricists who created them. Class participants will be encouraged, but not required, to reminisce about their own Broadway favourites. As always, the aim of the course is to experience the pleasure of this unique form of theatre.

**John Pluscauskas** has moderated several LIFE courses and has loved musicals since seeing his first Broadway shows in the 1950s. He is a fan, not a critic.

**Barry Chapman** has also been a fan of musicals since his first show in the 1950s. He has worked in the movie industry, is president of the Toronto Film Society, and has a broad knowledge of subjects theatrical.

#### Limited to 25 participants

Dates: Oct. 17 – Nov. 21 (6 sessions) Time: Mondays, 10:10 a.m. – 11:55 a.m.

Fee: \$33.00

**Moderators:** John Pluscauskas and Barry Chapman

#### Exploring the Gardens of Europe •—



It is said that Canadians spend more money per capita on their gardens than any other nation on earth. Are you one of those passionate gardeners? Do you enjoy visiting gardens during your travels abroad? Then come and join us as we visit some beautiful European gardens and discuss their history, design, and construction. Participants are encouraged to share their own horticultural experiences at home and abroad.

**Eloise Crabtree Carmichael** is a retired librarian who returned to school to study landscape design and start her own business. She can usually be found puttering in her yard or consulting with other gardeners who want to redesign theirs. She has just returned from a garden tour of England and France and can't wait to share what she learned there.

#### **Limited to 25 participants**

Dates: Oct. 3 – Oct. 31 (4 sessions) Time: Mondays, 10:10 a.m. – 11:55 a.m.

Fee: \$27.00

Moderator: Eloise Crabtree Carmichael

#### Politics, People, and Other Issues



These are truly exciting political times: from the new landscape in Canada's Parliament to the Arab Spring, from the problems of the European Union to the always exciting events south of our border. To dive into their intricacies and complexities, come to this popular and long-running discussion group where all opinions are welcomed and respected. Participants choose the topics and prepare overviews; everybody joins in the fray, and you can be sure it is lively.

**Jay Waterman** has been a member of the class for seven years and has served as a Board member of LIFE. He is a Toronto native and retired lawyer.

**Lloyd Cadsby** is a retired lawyer who is intrigued by the political and financial issues that dominate our lives. His background in mediation is useful in the give-and-take of class discussion.

#### **Limited to 30 participants**

Dates: Sept. 26 – Dec. 5 (10 sessions) Time: Mondays, 10:10 a.m. – 11:55 a.m.

Fee: \$45.00

**Moderators:** Jay Waterman and Lloyd Cadsby

#### Reader's Theatre



Enjoy bringing characters to life! You will learn Reader's Theatre (i.e., acting with script in hand) techniques—how to develop characters, breathing, voice projection, and how to take the words off the page and make them your own. The project will culminate in a short performance before friends.

**Vrenia Ivonoffski** is the founding artistic director of ACT II STUDIO at Ryerson. She has directed over 30 shows at ACT II STUDIO, the Blyth Festival, the Huron County Playhouse, Cabbagetown Theatre, Harbourfront Theatre, and the George Brown Theatre School.

#### Limited to 20 participants

**Dates:** Oct. 17 – Nov. 28 (7 sessions) **Time:** Mondays, 10:10 a.m. – 11:55 a.m.

**Fee:** \$50.00

**Lecturer/Director:** Vrenia Ivonoffski

Note: Please also allow for a further rehearsal on Monday, December 5.

PowerPoint 2010



Managing Your Digital Photographs



(For more information, see Computer Courses Section, pp. 22-24)

#### Ethical Issues in the News



Concerned about the influence of political, corporate, professional, and personal ethics on our world and on each of us personally? Are we in an ethical freefall? What can we do about it?

In this course, we will look at current events through the microscope of ethical standards. We will clarify what we mean by ethical behaviour, apply this in discussion of events in the news, and see how we as individuals can go beyond simply talking to do something about things unethical. The moderators will raise some issues, but class members will be encouraged (strongly) to introduce topics and raise ethical questions.

**Beverly Dales** was a communication consultant specializing in coaching senior executives on handling media interviews successfully. Is it ethical to "spin" the message or does it help to clarify the issue? As a moderator, she will bring her own experiences to the group as we discuss today's ethical challenges.

**Norm Forman** has discussed ethics in the news with his philosophy major son for years. As a humanist and news hound, he applies his doctoral training in psychology to questions of responsible behaviour on the world scene.

**Simon Pearson** is fascinated and often appalled by the ethical dimensions of current events. He enjoys

moderating classes where he is involved with all the class members in trying to find answers to complex questions.

#### **Limited to 30 participants**

**Dates:** Sept. 26 – Dec. 5 (10 sessions) **Time:** Mondays, 12:10 p.m. – 1:55 p.m.

**Fee:** \$45.00

**Moderators:** Beverly Dales, Norm Forman, and

Simon Pearson

# The History of Comedy: Tragedy Plus Time



Why and how do we laugh? Of all the animal kingdom, only humans possess the ability to laugh, both at ourselves and at others. Laughter, a simple reflex reaction, and its primary production vehicle, comedy, appear to be part of what makes us human, and yet remain complex and puzzling phenomena.

This course will explore in entertaining detail the complete history of what it means to create material specifically designed to make audiences laugh. George Burns, one of the masters of the Golden Age of Comedy, quipped on his deathbed: "Dying is easy, comedy is hard ...." Steve Martin, a postmodern comedian at the opposite end of the cultural spectrum, once declared: "Comedy isn't pretty!" These two statements form the point of departure for this lecture series, as well as the mysterious observation that comedy is simply "tragedy plus time."

**Donald Brackett**, a well-known culture critic, is the great-nephew of Charles Brackett, an Academy Award-winning Hollywood writer-producer responsible for such classics as *Ninotchka*, *The King and I*, and many others.

**Dates:** Oct. 3 – Nov. 28 (8 sessions) **Time:** Mondays, 12:10 p.m. – 1:55 p.m.

**Fee:** \$55.00

**Lecturer:** Donald Brackett

#### The Things We Only Read to Our Children



"Anyone who says they have only one life to live must not know how to read a book." Author unknown

Once it was the Bible and hymns from which children formed their values. But today those sources have been replaced by rhymes, tales, picture books, and first readers. Indeed, children are now exposed to story-telling on TV and entertained by other electronic media at an increasingly young age. In this course, we will take a look at children's first exposure to literature, both classic and Canadian, its art, its artifice, its pedagogy, with special emphasis on the Canadian children's book industry. We'll start by examining what the experts say children need as moral nourishment and try to evaluate whether the industry has met the challenge.

**Shirley Lewis** is a former teacher-librarian, and children's book promoter and distributor.

**Ralph Wintrob** is a former teacher-librarian and school library consultant.

#### **Limited to 25 participants**

Dates: Oct. 3 – Nov. 28 (8 sessions) Time: Mondays, 12:10 p.m. – 1:55 p.m.

Fee: \$39.00

**Moderators:** Shirley Lewis and Ralph Wintrob

#### Understanding Web Page Codes



(For more information, see Computer Courses Section, pp. 22-24)

#### Marc Chagall: A True Modernist 🔭



"When Matisse dies, Chagall will be the only painter left who understands what colour really is." Pablo Picasso

Chagall, one of the most successful artists of the 20th century, was an early modernist who worked in almost every artistic medium, including painting, book illustrations, stained glass, stage sets, ceramics, tapestries, and prints.

We will examine how his work was influenced by his Russian Jewish roots and observe how he created his own unique fusion of modern art, integrating elements from Eastern European Jewish folk culture, modernist Russian avant-garde ideas, and the art forms of Cubism, Symbolism, and Fauvism to produce lush, colourful, whimsical, and dreamlike works of art. In October, the AGO's exhibition, "Chagall and the Russian Avant-Garde," will open. This short course will prepare you to visit the 32 works by Chagall, shown along with other Russian avant-garde artists.

**Osnat Lippa** graduated in art and design from London Guildhall University, with postgraduate work in digital imaging. She has taught at George Brown College, worked as a freelance illustrator, and presented workshops in the Silver Screens Arts Festival in digital media.

Dates: Sept. 26 – Oct. 3 (2 sessions) Time: Mondays, 2:10 p.m. – 3:55 p.m. \$25.00 (Combine this course and F09 Fee:

for only \$65.00. See course F09A.)

Lecturer:

Osnat Lippa

#### Portraiture in Painting



Great portraits compel our attention with their beauty and revelation of character. Come and enjoy some of the most famous works of Western art from the Renaissance to the post-impressionists, including paintings by Leonardo da Vinci, Raphael, Van Dyck, Rubens, Velazquez, Jacques-Louis David, Goya, Gauguin, and Van Gogh. We'll look at how portraiture

evolved over the centuries, the different styles and meanings of portraits and self portraits, and how influenced they were by the leading trends of their

**Osnat Lippa** graduated in art and design from London Guildhall University, with postgraduate work in digital imaging. She has taught at George Brown College, worked as a freelance illustrator, and presented workshops in the Silver Screens Arts Festival in digital media.

Dates: Oct. 17 – Dec. 5 (8 sessions) Time: Mondays, 2:10 p.m. – 3:55 p.m. \$55.00 (Combine this course and F08 Fee:

for only \$65.00. See Course F09A

below.)

Lecturer: Osnat Lippa

To combine the two art history courses F08 and F09 as one ten-week sequence and to save \$15, please select course F09A below.

#### An Art Lover's Banquet



Enjoy a quick, two-week preparatory look at the magical artist, Chagall, who will be featured in one of the AGO's most anticipated exhibits, opening in October, and then spend more time feasting your eyes on some celebrated portraits by the giants of Western art. These two classes run sequentially so that it is possible to take both, one after the other.

Dates: Sept. 26 – Dec. 5 (10 sessions) Time: Mondays, 2:10 p.m. – 3:55 p.m. Fee: \$65.00 (If you register for this course,

it is not necessary to register for the two previous courses, **F08** and **F09**.)

Lecturer: Osnat Lippa

#### 🖿 Chantons en français, s.v.p. 🕶



Through the analysis of French folk classics, students will explore the basics of vocalization, interpretation of music, and performance. The course will be a combination of theory and practice, culminating in the opportunity for live performance with analysis of delivery in a safe and informal environment. Knowledge of French is not essential.

**Florence Maltese-Pfaus** began music lessons at the Conservatoire de Trois-Rivières and studied French Literature at Laval University. Formal vocal training began with Louis Quilico before joining the Canadian Opera Company and the Vancouver Opera Association under the direction of Richard Bonynge.

(It is strongly recommended that participants purchase a song book, cost approximately \$20. Details will be provided.)

#### Limited to 15 participants

**Dates:** Oct. 3 – Nov. 14 (6 sessions) **Time:** Mondays, 2:10 p.m. – 3:55 p.m.

**Fee:** \$33.00

**Moderator:** Florence Maltese-Pfaus

#### Medical Issues That Tear Your Heart Strings



This course will consist of a series of discussions/ debates on some of the most difficult and contentious healthcare issues currently facing the public, the relevant professionals, and governments. The most serious problem of all is the widespread reluctance to have these issues even discussed at all in Canada, bound up as they are in ethics, religions, taboos, and a general unwillingness to risk upsetting anyone. This class will boldly go where most people currently fear to tread.

**Charles Wright**'s career has spanned 45 years as a physician, scientist, researcher, and teacher. He is still actively involved in healthcare policy issues and has extensive experience in teaching and discussing them with public audiences.

#### Limited to 60 participants

**Dates:** Oct. 3 – Nov. 14 (6 sessions) **Time:** Mondays, 2:10 p.m. – 3:55 p.m.

**Fee:** \$33.00

**Moderator:** Dr. Charles Wright

#### The Role of the Media in the Modern World





We live in a world where information is an increasingly critical resource. The news media play a crucial role in the production

and dissemination of that information, and so it is vital to understand their role in the modern world. To do so, it is necessary to analyze how the news media are undergoing profound change. Discussions will highlight the globalization of media and the debate around the way that media connect different people across time and space. The question at the heart of this course is: How can the news media make a real difference in today's world?

**Pat Simke**, MBA, had a long career in health and wealth at senior levels in the public sector and as a business owner and investment advisor in the private sector.

As an international management consultant, **John Simke**, CA, worked with large corporations and governments to solve problems. In retirement, both Pat and John have studied international relations at Cambridge and the London School of Economics. Questions on the course? psimke@sympatico.ca

#### **Limited to 30 participants**

**Dates:** Sept. 26 – Dec. 5 (10 sessions) **Time:** Mondays, 2:10 p.m. – 3:55 p.m.

**Fee:** \$60.00 (includes the course booklet and

all handouts)

**Moderators:** Pat and John Simke (NOTE: the \$12 cost of the course booklet is

non-refundable.)

#### TUESDAY

#### Bewitchment in Fairy Tales: A Jungian View



Many fairy tales are about bewitchment, where people are compelled to live in a way that is not human. They may take on the form of an animal, beast, or bird, or simply spend their time asleep to life. These tales also describe what it takes to become human again. How can we understand the frequency of this motif and the ensuing drama if we approach these tales from a psychological point of view? How do these tales enrich our understanding of ourselves? Discussion of six lively tales will include a presentation of C. G. Jung's ideas on the growth and development of personality.

**Dorothy Gardner** practises as a Jungian analyst in Toronto. She trained at the Jung Institute in Zurich and has been working in Toronto since her return in 1990. She is especially interested in a symbolic interpretation of dreams and fairy tales. For more information, please visit www.torontojungiananalyst.com

**Dates:** Oct. 4 – Nov. 8 (6 sessions) Time: Tuesdays, 10:10 a.m. – 11:55 a.m.

**Fee:** \$45.00

**Lecturer:** Dorothy Gardner

#### Black Canadian Luminaries



2011 is the UN International Year for People of African Descent!

Who are some of the notable African-Canadians who have contributed to Canada's past and are having an impact in Canada's present? This course will introduce you to personalities from the past, such as Harriet Tubman and Mary Ann Shadd, and discuss contemporary individuals, such as the Lieutenant Governor of Nova Scotia, the Hon. M. Francis, or Michaelle Jean, Canada's former Governor General, to raise your awareness about the experiences of black people. PowerPoint presentations, discussion, film, and books will be used to share some of this fascinating part of Canada's history with you.

**Rosemary Sadlier** is passionate about Black History as a means of extending inclusion and justice. She is the president of the Ontario Black History Society, the first such organization in Canada. She is the author of four books on African-Canadian history and the recipient of numerous awards, including the Order of Ontario.

**Dates:** Oct. 4 – Nov. 22 (8 sessions) **Time:** Tuesdays, 10:10 a.m. – 11:55 a.m.

**Fee:** \$55.00

**Lecturer:** Rosemary Sadlier

# ■ Feeding the World: Past Success and Future Challenge





If, as they say, "you are what you eat," how much do you know about the food you eat and how it is produced? This course will raise

a series of questions to start your search for answers.

Will genetically modified foods guarantee supply or lead to global health problems? What dangers are raised by animal disease and the use of antibiotics in food production? Who checks food safety in Canada or in foreign produce? From farm to consumer, who benefits from our food dollar? How do subsidies and speculators influence the price of food? Are there practical ways to improve access to affordable food for the poor? What happened to the Green Revolution? These vital questions and more will be discussed and debated in this course.

**Geoffrey Kemp** joined LIFE in 2006 at retirement after working as the manager of an engineering company for many years.

**Carolyn Courchesne** was a registered nurse, coowned a coin business, ran a gelato shop in Tenerife, and was an insurance coder for emergency room doctors in Canada. She currently co-owns a forestry corporation.

#### Limited to 30 participants

Dates: Oct. 4 – Nov. 22 (8 sessions)
Time: Tuesdays, 10:10 a.m. – 11:55 a.m.
Fee: \$50.00 (includes the course booklet

and all handouts)

**Moderators:** Geoffrey Kemp and Carolyn Courchesne

(NOTE: the \$12 cost of the course booklet is non-

refundable.)

# NEW!

#### The History of Hollywood

Hollywood! A name to conjure up countless images—beautiful women and handsome men, heroic rescues and dastardly deeds, western plains, and sinister city streets—the list goes on and on. Come and savour some of these images as we examine the fascinating history of the place that put film on the map.

Commentary by the lecturer will supplement the Turner Classic Movies seven-part series *Moguls and the Movie Stars: a History of Hollywood* and some additional film history documentaries.

**John Twomey** has taught several courses on film history for LIFE. He is a Professor Emeritus from Ryerson University's School of Radio-TV Arts.

**Dates:** Oct. 4 – Nov. 22 (8 sessions) Time: Tuesdays, 10:10 a.m. – 11:55 a.m.

Fee: \$55.00 Lecturer: John Twomey

Downloading Music

F61

■ Tables and Charts with Excel 2010 • F62

Internet and E-mail

F63

(For more information, see Computer Courses Section, pp. 22-24)

#### ■ The Art of Possibility



The most important thing you can do to increase your health, wealth, and success in life is to increase your levels of happiness, positivity, and well-being. Positive people are more fulfilled and more relaxed, and science has shown they live longer. After reviewing the foundation and the five pillars of well-being, we will delve into the universe of possibility to discover new frameworks for flourishing. We will examine the concepts of, and research in, appreciative inquiry, mindfulness, character strengths, and positive emotions. You will learn techniques, receive tools, and gain new perspectives that create a launching pad for flourishing to take off. Join in an exciting adventure into the universe of possibilities.

**Lillian Mills**, M.Ed., a former special education teacher, is now a professional life coach who uses her comprehensive understanding of, and passion for, the principles of Positive Psychology to inspire her local and international clients to attain their personal and professional goals.

#### Limited to 15 participants

**Dates:** Oct. 4 – November 1 (5 sessions) Time: Tuesdays, 12:10 p.m. – 1:55 p.m.

Fee: \$30.00 Moderator: Lillian Mills.

#### Arthur Miller and the American Dream



In this course, we will learn why Arthur Miller was called one of the greatest American playwrights of his time as we study three of his most famous plays: Death of a Salesman, The Crucible, and All My Sons, the last of which we will see in a live theatre production. We will also look at Miller's life, including his five-year marriage to Marilyn Monroe, "the world's most beautiful woman," and his battle against McCarthyism in the age of anti-communism.

**Harvey Levkoe** is a theatre director who has directed more than 40 plays in the last 15 years. He has moderated at least one LIFE course each year for the last 10 years, and is currently directing the LIFE documentary.

#### Limited to 30 participants

**Dates:** Sept. 27 – Nov. 1 (6 sessions) **Time:** Tuesdays 12:10 p.m. – 1:55 p.m.

**Fee:** \$33.00 **Moderator:** Harvey Levkoe

Please note that moderator Harvey Levkoe will direct All My Sons at the Fairview Library. See Extra! Extra! (F57) on page 21 for the opportunity to see the show on Sunday, Oct. 23.

#### Philosophy Café



Enjoy food for thought as you engage in dialogue with several Ryerson professors and senior undergraduate students on interesting and important issues raised by their research. A short lecture is followed by spirited discussion on a variety of topics, with emphasis given to intellectual debate rather than fact reporting. Please bring your own food for the body!

**Dates:** Oct. 4 – Nov. 15 (7 sessions) Time: Tuesdays, 12:15 p.m. – 1:30 p.m.

**Fee:** \$36.00

\*Please note starting time.

# Protecting Your Money: Guard Against Greed



In these uncertain times, in order to remain comfortable and independent, it is vital to protect your money from bad advice, unscrupulous advisors, unwise investments, potential inheritors, and the very human trait of greed. This course will suggest some safeguards to help you retain control and cope with the pitfalls and complexities of the financial and economic world we live in.

**Jack Marmer** has moderated a number of courses and is a past president of LIFE. Since his retirement from a forensic accounting practice and his years as a public accountant, he has seen the results of injudicious decisions in money management.

#### **Limited to 30 participants**

**Dates:** Oct. 4 – Nov. 15 (7 sessions) Times: Tuesdays, 12:10 p.m. –1:55 p.m.

**Fee:** \$39.00 Moderator: Jack Marmer

#### **Remember:**

You have 15 minutes between morning classes and noon classes. You have 15 minutes between noon classes and afternoon classes. Plan accordingly!

#### How Energy Will Shape Our World





Our way of life does not work without energy. So, what are the prospects for our energy future? We need to get off fossil fuels, but

what are the pros and cons of the alternatives? How quickly do we have to change, and what will it cost? As we adjust to new energy sources, how will we need to change our way of life? In this course, we will explore these issues to give us a view of our energy future. We will look at the implications globally, as well as for Canada and Ontario.

As an international management consultant, **John Simke**, CA, worked with large corporations and governments to solve problems. **Pat Simke**, MBA, had a long career in health and wealth at senior levels in the public sector and as a business owner and investment advisor in the private sector. In retirement, both Pat and John have studied international relations at Cambridge and the London School of Economics. Questions on the course? jsimke@sympatico.ca

#### Limited to 30 participants

**Dates:** Sept. 27 – Nov. 29 (10 sessions) **Time:** Tuesdays, 2:10 p.m. – 3:55 p.m. **Fee:** \$60.00 (includes the course booklet

and all handouts)

**Moderators:** John and Pat Simke

(NOTE: the \$12 cost of the course booklet is non-refundable.)

#### Roads to Perdition: The Dark Allure of Film Noir



It's often said that audiences prefer movies that make them feel better. However, the darker, ambiguous, and cynical world of film noir continues to attract with its sinister allure, so let's examine what gives this movie genre such a long shelf life. Beginning with its origins, rooted in German expressionism, and continuing onto the post-war years with hardboiled crime fiction (*The Postman Always Rings Twice, Double Indemnity*), we'll explore this still-flourishing genre. As well as delving into the classic noirs like *The Big Sleep, Detour, and Strangers on a Train,* we'll also see how contemporary works like *L.A. Confidential, Mulholland Drive, and The Big Lebowski* continue to illuminate the darker undercurrents that lie beneath our desire for security and certainty.

**Kevin Courrier** is a writer/broadcaster at CBC Radio and a film critic for the website Critics at Large. He was co-host and producer of *On the Arts* for CJRT-FM for eight years, has written about film and popular culture for *Box Office, The Globe and Mail,* and the *Toronto Star,* and is the author of several books.

**Dates:** Oct. 4 – Nov. 22 (8 sessions) Time: Tuesdays, 2:10 p.m. – 3:55 p.m.

Fee: \$55.00 Lecturer: Kevin Courrier

#### Spanish Conversation





Travelling to Latin America or Spain (or Florida or California)? Going on the LIFE Travels trip to Cuba? Want to work on your Spanish? Whether you are a comparative

beginner or fairly fluent, here's your chance to improve your facility. In this course, you'll have the opportunity to speak Spanish and to listen to others speaking. We will use a variety of methods to enable you to increase your ability and confidence.

#### Limited to 20 participants

**Frances Rodriguez** is a native Spanish speaker who came to Canada from Peru in 1979. She has taught for both Toronto school boards. She has enjoyed moderating this course in the past, and looks forward to more good experiences.

**Bob Biderman** is a retired teacher who has taught students of all ages. He lived in Havana, Cuba for 18 months, where he learned Spanish and taught English at Cuba's only Arts University.

**Dates:** Sept. 27 – Nov. 29 (10 sessions) **Time:** Tuesdays, 2:10 p.m. – 3:55 p.m.

**Fee:** \$45.00

**Moderators:** Frances Rodriguez and Bob Biderman

#### How to Appreciate Statistics



Why should we care about statistics? Well, for one thing, they are the basis of most government policies and business decisions. The number of people who travel on the TTC each year will affect its level of funding. Whether or not your favourite salad stays on the restaurant menu will depend on how many choose it. So join us for an introductory look at the way numbers are used (and sometimes abused) to describe, explain, and influence our world. Emphasis will be placed on the kind of statistics we encounter daily in various media. Participants will be encouraged to bring in examples, both good and bad, to help all of us become more discriminating readers, viewers, and listeners. This won't be rocket science and our visiting speaker, a former math professor, will help us over a few slippery bits.

**John Hitchcock** is a retired professor from the University of Toronto where he taught urban planning. He has moderated previous courses for LIFE.

#### Limited to 25 participants

**Dates:** Oct. 4 – Nov. 29 (9 sessions) Time: Tuesdays, 2:10 p.m. – 3:55 p.m.

**Fee:** \$42.00

**Moderator:** John Hitchcock

#### Managing Files and Folders



Windows 7



(For more information, see Computer Courses Section, pp. 22-24)

# WEDNESDAY

#### ■ The Arts and Canadian Identity



What is quintessentially Canadian? We will explore this question through a variety of cultural media, including film, literature, poetry, art, and music. We'll view Douglas Coupland's documentary, Canada House (2009) and Michael McGowan's film One Week; read some short fiction from Alistair MacLeod, Alice Munro, Alex MacLeod, and Madeleine Thien, as well as last year's Giller prize winner, The Sentimentalists; examine the work of the G20 Canada Pavilion's designers, and revisit the folk music and poetry of Canada's "Beat" generation. And maybe these competing visions of our country will help us in our own attempt to discover what it is that makes up our national character.

**Dr. Pamela Coles** began her studies at the University of Barcelona and is a graduate of the Centre for Comparative Literature at the University of Toronto. She lectures in the University of Toronto Distinguished Lecturer Series and Continuing Studies programs and is currently engaged in a project of historical fiction based on the events of the Trojan War.

**Dates:** Oct. 5 – Nov. 23 (8 sessions)

**Time:** Wednesdays, 10:10 a.m. – 11:55 a.m.

Fee: \$55.00 Lecturer: Pamela Coles

#### Digital Photography: Intermediate Level



Anyone can take a snapshot. But wouldn't you like to learn how to make a truly memorable photograph? The purpose of this course is to give you the tools and the know-how to move up to this next level. Key items to be covered will include the basics of composition, the impact of lighting, understanding exposure (shutter speed/aperture/ISO), and photo editing. We will present these techniques, which will then be put into practice by taking photographs in various locations, followed by friendly critiquing in a classroom setting. This pattern will be repeated throughout the course.

Please note: Participants must have digital, rather than film, cameras to benefit fully from this course, and must have e-mail and know-how to send and receive e-mailed attachments.

**Roger Payne** is an enthusiastic amateur photographer who enjoys organizing photography walkabouts with friends and colleagues.

**Martha Pluscauskas** has long been teaching how to manage digital photographs using Picasa, as part of the LIFE programs, and has made it her forte.

**Sheila Clarke** has always had two creative outlets—gardening and photography. Now that her knees are rebelling, her foremost passion is photography.

#### Limited to 25 participants

**Dates:** Sept. 28 – Nov. 30 (10 sessions) **Time:** Wednesdays, 10:00 a.m. – 12:00 noon

**Fee:** \$45.00

**Moderators:** Roger Payne, Martha Pluscauskas, and

Sheila Clarke

\*Please note the starting and ending time.

# Immigration as a Global Phenomenon





Good news! If you missed this course last term, here's another chance to examine the issue. Immigration poses many key

questions. Can we sustain our economies in the rich world without large-scale immigration? How many immigrants do we need? How do we choose immigrants that meet our needs? How do we integrate large numbers successfully? Does immigration pose an economic, security, or cultural threat? We will explore how immigration has developed globally in the last 30 years, as well as the likely future trends. We will examine the various approaches that different countries are taking to immigration. We will get past the ideological posturing and identify the best approaches to dealing with this complex issue.

**Elizabeth Ritchie** has had a career in adult education and 20 years experience in the Ontario Government in staff development and managerial roles.

**Marilyn Cooper** has taught, both abroad and in Canada, and has travelled extensively on all continents.

#### Limited to 30 participants

**Dates:** Sept. 28 – Nov. 30 (10 sessions) **Time:** Wednesdays, 10:10 a.m. – 11:55 a.m. **Fee:** \$60.00 (includes the course booklet and

all handouts)

**Moderators:** Elizabeth Ritchie and Marilyn Cooper (NOTE: the \$12 cost of the course booklet is non-refundable.)

#### Landscapes of Renaissance Italy



In a series of dramatic changes from the 1300s to the 1700s, Italy transformed itself and introduced great art, architecture, and civic planning to the European cultural repertoire. During this Renaissance, Europeans, Italians in particular, also invented and then expanded capitalism until it replaced traditional society. We will examine a number of developments from this epic period: the shift from Byzantine culture to Italian Humanism, Greco-Roman literature, perspective drawing, scientific rationalism, Renaissance culture and politics, and the

transformation of a traditional agrarian economy into capitalist mercantilism. These intellectual, cultural, artistic, and economic shifts will illuminate the Italian landscape and reveal how fundamentally it altered during the Renaissance.

**Gerald Walker** is a historical geographer from the University of California, Berkeley, who taught geography (mostly rural) at York University, Toronto, from 1971 to 2001. His research focuses on the processes of urbanization of the countryside. He is currently Emeritus Professor in Geography at York University.

#### **Limited to 50 participants**

**Dates:** Sept. 28 – Nov. 30 (10 sessions) **Time:** Wednesdays, 10:10 a.m. – 11:55 a.m.

**Fee:** \$45.00 **Moderator:** Gerald Walker

#### Book Talk



Book lovers—here's the group for you. We meet five times during the term to explore, discuss, debate, and enjoy an assortment of novels. The first selection will be *Summertime: Scenes from Provincial Life* by J.M. Coetzee. All the rest are chosen at the initial meeting from suggestions offered by the whole group. Each subsequent week, one member will present the book chosen and lead the discussion. And very lively "book talk" is the result!

**Marilyn Luciano** is an avid reader and longtime member of book discussion groups. She believes sharing thoughts on books enhances the reading experience and looks forward to every Book Talk session.

#### **Limited to 15 participants**

**Dates:** Sept. 28; Oct. 12, and 26; Nov. 9, and 23.

(5 sessions)

**Time:** Wednesdays, 12:10 p.m. – 1:55 p.m.

**Fee:** \$30.00 **Moderator:** Marilyn Luciano

#### Cuba at the Crossroads: Past, Present, and Future





Is Cuba an unfortunate country with an oppressed population suffering under a cruel dictator or is it a socialist paradise to be emulated by others? Neither picture is entirely true, and Cuba warrants a closer

look. We will take that close look by examining its history, focusing on its fight for independence, its relations with the Soviet Union, and its desire for full acceptance by the United States. We will look closely at the Castro brothers and examine in detail the social programs which are the envy of many third world countries (and of many in the first world). We will capture the essence of its people and their relationship to their government. Come with an open mind to explore the soul of Cuba. Then sign up for the Cuba tour and see the real Cuba for yourself.

Note: While there will be guest speakers and media presentations, members of the class will be encouraged to research and deliver topics of interest.

**Ken Smookler** has moderated courses through much of LIFE's 20 years. He is a retired lawyer with an interest in the rest of the world, who wants to learn about it and wants to see it and has travelled to much (but not enough) of it.

#### Limited to 50 participants

Sept. 28 – Nov. 30 (10 sessions) Dates: Time: Wednesdays, 12:10 p.m. – 1:55 p.m.

Fee: \$45.00 **Moderator:** Ken Smookler

#### Recording Recollections



This course, started for seniors at Ryerson before LIFE was formed, is still going strong many years later! Join us as we remember and share our past experiences to help elicit wider and deeper recall. Some of us then choose to record these remembrances for our own personal benefit, to read to the group, or to leave as a lasting statement, while others find their satisfaction in remembrance itself. Selected passages are published in the Recording Recollections magazine, available to all group members and their families and friends.

**Please note:** This is **NOT** a how-to-write course.

**Sharon Roebuck** and **Geoffrey Allen** are delighted to join forces to lead this group.

#### **Limited to 25 participants**

**Dates:** Sept. 28 – Nov. 30 (10 sessions) Time: Wednesdays, 12:10 p.m. - 1:55 p.m.

Fee:

**Moderators:** Sharon Roebuck and Geoffrey Allen

#### Canada's Wrongfully Convicted •



They languished in prison for years, convicted for crimes of which they were duly exonerated. Their names are indelible scars on the face of Canada's criminal justice system—David Milgaard, imprisoned for 22 years; William Mullins-Johnson, 12 years; and Donald Marshall Jr., 11 years. And unfortunately the list goes on.

How did the system fail? How many others, men and women, are rotting behind bars for crimes they did not commit? How should the victims be compensated? The questions are many; the intent is to find the answers.

**Ian Macmillan** is a retired civil litigation counsel, having practised in his native Scotland and in Manitoba and Ontario. Unfamiliar with the turbulent waters of Canada's criminal justice system, he welcomes the opportunity to examine situations where the system has failed and to identify solutions.

#### Limited to 50 participants

Oct. 5 - Nov. 9 (6 sessions) Dates:

Time: Wednesdays, 2:10 p.m. - 3:55 p.m.

\$33.00 Fee: Ian Macmillan **Moderator:** 

#### Conversations et lectures de textes littéraires variés de langue française



This intensive course, geared to advanced students, aims at improving conversational skills, as well as at acquainting them with a variety of literary texts written by mostly modern authors. Among these are Ionesco, Camus, and Ernaux. In class, we will read aloud main scenes and passages and discuss themes and styles. Vocabulary enrichment and pronunciation exercises will be an integral part of the course. Students will be encouraged to take an active part in class discussions and prepare a brief presentation on a topic related to the readings (chosen by the student). Whenever feasible, we will go to see French films or plays.

**Prerequisites:** A solid foundation in French studies and an interest in literature.

*Note: Students should purchase most texts from the Maison* de la Presse on Yorkville in September when a final list of the works will be available.

**Palomba Yashinsky** has taught French language and literature for many years at the university level. She is currently a docent at the Art Gallery of Ontario where she enjoys leading tours in both English and French.

#### Limited to 15 participants

Dates: Sept. 28 – Nov. 30 (10 sessions) Time: Wednesdays, 2:10 p.m. – 3:55 p.m. Fee: \$50.00 (Includes cost of materials)

Moderator: Palomba Yashinsky

#### Europe: Stagnation or Renewal? • F34





Pack your critical faculties and let's visit Europe—here's your chance to participate in a repeat of this popular course!

Only a generation ago, we considered that the source of modern life as we know it began in Europe with the Renaissance, the Enlightenment, the Industrial Revolution, and the spread of those ideas across much of the planet. Today, it is a very different story as Europe experiences collapsing demographics, mounting debt, and a shift of power not only to the US, but now also to the East. But hold on! Almost every index of innovation and human development shows European countries still sitting at the top of the table. They must be doing something right. We'll explore the continent to discern whether it is a spent force or a guidepost to the future. Each week, we will look at key forces and trends, and also at particular countries in depth.

**Linda Knowles** retired from the corporate/consulting world and has been a LIFE member for over six years.

**Paul Smith** has been an entrepreneur, corporate executive, CEO for an international advertising agency, and a community activist, and has tutored meditation and philosophy courses.

#### Limited to 30 participants

**Dates:** Oct. 5 – Nov. 23 (8 sessions) **Time:** Wednesdays, 2:10 p.m. – 3:55 p.m. **Fee:** \$50.00 (includes the course booklet and

all handouts)

Moderators: Paul Smith and Linda Knowles

(NOTE: the \$12 cost of the course booklet is non-refundable)

#### **●** Theatre Alive!



The curtain is going up on another season of Theatre Alive, with four fascinating plays to entertain, provoke, and illuminate.

#### •Wednesday, October 5, 1:30 p.m.

Another Africa, Canadian Stage, Front Street

Africa, as seen from three different perspectives, one German, one Kenyan, one Canadian. This show includes two plays from Volcano Theatre's *The Africa Trilogy* which was premiered at last year's *Luminato* Festival.

(Hearing aids available at the cloakroom counter.)

#### •Wednesday, November 9, 1:30 p.m.

The Sankofa Trilogy, by d'bi.young anitafrika, Tarragon Theatre

Amid the violence of a crucial Jamaican election, a young poet finds the strength and courage to stand up for the country's future as seen through the eyes of three generations of women who believe in truth and justice.

#### •Wednesday, November 23, 1:30 p.m.

The Children's Republic, by Hannah Moscovitch, Tarragon Theatre

A young orphan in the Warsaw ghetto orphanage run by the renowned educator and children's rights advocate, Dr. Janusz Korczak, teaches his mentor the true meaning of courage in the face of despair and certain death.

## •Wednesday, November 30, 12:30 p.m. (Please note time.)

The Rez Sisters, by Tomson Highway, Factory Theatre

A revival of a Canadian classic about a clutch of native women who dream of winning big at bingo in the hopes of changing their luck and their lives.

#### There will be a talkback after each performance.

More information is available at the theatre websites:

canadianstage.com/educators and students/study guide, or canadianstage.com/2011-2012/africa

tarrag on the atre.com/out reach/teachers/study-guide

factorytheatre.com/edu-package.

Your tickets will be given to you at the theatre before the first play. They will not be mailed out to you.

**Please Note:** No exchange or refund after the final ticket order has been placed. Please address any concerns or complaints to the LIFE office and not to the theatre.

#### Limited to 100 participants

**Dates:** Oct. 5, Nov. 9, 23, and 30 Four Wednesday afternoons

**Fee:** \$80.00

Coordinators: Kitty and Ralph Wintrob

Word Processing: The Basics



Labels, Business Cards and Mailing Lists



Tables in Word 2010



(For more information, see Computer Courses Section, pp. 22-24)



# Call for Volunteers!

Whether your talent is for planning events, proofreading, making phone calls, working on a

committee, or acting as class liaison, we welcome and appreciate your involvement.

LIFE Institute is a volunteer-run organization and depends on its members to ensure that we continue to be the welcoming and inclusive community so important to all of us.

And, an additional advantage is that you'll meet new friends at the same time! If you can help, please contact Leonie Thelwell, Chair of Volunteers, at (416) 284-6214 or leonie\_thelwell@sympatico.ca

#### RSDAY





Register early for this course, especially if you are a news addict—you'll get all the informed and fascinating debate and discussion you need. Three issues to explore in depth are chosen by the moderator, who presents some background information, and then opens up discussion to the group. The topics selected will include whatever important events are currently affecting government decisions, impacting the international stage, or moving the markets. Everyone is welcome to contribute their ideas and opinions to what is always a lively and simulating debate.

**Bruce Varcoe** has been leading this course in the Fall and Winter semesters since 2003. With a background in advertising and teaching, he has a passion for history, current events, and debate. There still have been no casualties!

#### Limited to 50 participants

Sept. 29 – Dec. 1 (10 sessions) Dates: Thursdays, 10:10 a.m. - 11:55 a.m. Time:

Fee: \$45.00 **Bruce Varcoe Moderator:** 

#### Kickstarting Your Creativity: A Playful Springboard to Writing • F37



What ideas are lurking inside, just waiting to burst out and claim space on a page? This class will enable you to generate and explore ideas in a fun-filled way. Discover your inner poet. Pen a mini-memoir for the ages. Consider this class as an Imagination Fitness class. Come play your way to writing.

**Sharon Singer** has been an unpublished poet, English teacher, editor, librarian, and a lover of words all her life.

#### Limited to 16 participants

Oct. 6 – Nov. 17 (7 sessions) Dates: Time: Thursdays, 10:10 a.m. – 11:55 a.m.

\$36.00 Fee: **Moderator: Sharon Singer** 

#### **Disability Notice**

If access to classes is difficult due to a disability (mobility, hearing, vision, or other), please advise the LIFE office at (416) 979-5000, Ext. 6989.

#### The NFB at the Oscars!



To date, the National Film Board of Canada has won 12 Oscars and received 69 nominations, making it the most honoured film institution in Canada and one of the most respected in the world. This course will consist of the crème de la crème from its incredible film library, with an eclectic mix of animated, documentary shorts, and drama – categories in which the NFB have dominated since its first win in 1941. Films include the very popular animated *The Cat Came* Back and Bob's Birthday, and the controversial short documentary If You Love This Planet.

Wyndham Wise studied film and drama at U of T's Massey College Graduate School of Drama and has a MFA in film studies from York University. He has taught film studies and has been writing about Canadian cinema since 1971. He is the current editor of Canadian Cinematographer and a contributor and consultant to The Canadian Encyclopedia online.

**Dates:** Oct. 6 - Nov. 3 (5 sessions)

Time: Thursdays, 10:00 a.m. – 1:00 p.m.

\$45.00 Fee:

Wvndham Wise Lecturer:

National Film Board: 150 John St. Locations:

(at Richmond St. W)

\*Please note starting and ending times.

#### Johann Sebastian Bach: His Life and Times and His Music



Johann Sebastian Bach lived from 1685 to 1750 during what we now call the Baroque period, and his music is its supreme example. Famous in his time more as an organ virtuoso performer than as a composer, his own wondrous works are revered today. This course will walk us through his life and times and introduce us to selections of some of his most renowned works, with liberal use being made of DVDs and CDs of various artists and their performances. Marcel Deurvorst, a long-time LIFE moderator, will be a guest speaker for the presentation of the St. Matthew Passion, a part of this series.

**Roger Payne** (known to dabble in photography from time to time) is a long-time fan of J.S. Bach, with a desire to share the joys of his music. Roger will be dipping deeply into his own DVD and CD collection.

#### Limited to 40 participants

Dates: Oct. 6 – Nov. 10 (6 sessions) Time: Thursdays, 10:10 a.m. - 11:55 a.m.

Fee: \$33.00 **Moderator:** Roger Payne

#### Psychology: Lunch 'n Learn

F40

Bring your lunch and enjoy the hour or so with professors from Ryerson's Department of Psychology. This six-week series will provide you with insight into many issues in psychology with topics, such as understanding psychological tests, the psychology of aging, eyewitness testimony, the psychology of driving, some clinical and cultural issues in psychology, music perception, and understanding issues of today by looking at past behaviour. All presentations will include time for meaningful discussion.

**Dates:** Oct. 6 – Nov. 10 (6 sessions) Time: Thursdays, 12:15 p.m. – 1:30 p.m.

**Fee:** \$35.00

\*Please note starting time.

#### Weird Historical Events



The Weird Guys are back! Following our successes with *People Believe Weird Stuff* and *Is Right Wing Politics Weird?*, we invite you to join us again to examine some strange and puzzling historical events. We'll have some prepared topics such as the notorious Dreyfus Affair, Toronto's Hurricane Hazel, the unexpected assassinations of Yitzhak Rabin, John Lennon, and Crown Prince Ferdinand at Sarajevo, and the Reichstag Fire of 1933. We'll look at what happened in such events but more important we'll ask "so what?" How did such weird things change the course of history?

The leaders will present ideas for research, examination, and discussion and will welcome involvement of participants in determining topics and presenting ideas.

**Geoff Arnold** and **Eugene Strauss**, LIFE's own Weird Guys, have joined forces again. Geoff is one of LIFE's experienced moderators who always likes to keep on learning. Eugene has been an active member of LIFE since its inception and enjoys both moderating and participating in classes.

#### **Limited to 30 participants**

**Dates:** Sept. 29 – Dec. 1 (10 sessions) **Time:** Thursdays, 12:10 p.m. – 1:55 p.m.

**Fee:** \$45.00

**Moderators:** Geoff Arnold and Eugene Strauss

# Whodunit? And Why Do We Want to Know?



Ever since Edgar Allan Poe introduced C. Auguste Dupin in 1841, readers have been fascinated by fictional detectives – from little old ladies and amateurs in every field to private eyes and tough street cops. Through our reading of a selection of stories and class

discussion, we'll look at the elements of the detective story, how they've changed over the years, and why the fascination continues. Come prepared to talk about your favourite detective. A reading list will be provided.

**Shirley Griffin** is an avid reader of mysteries. She joined LIFE after retiring from The Bank of Nova Scotia as Assistant General Manager, International Trust & Private Banking. She was a Board member for two years as Chair of the Members & Volunteers Committee. She has enjoyed participating in many LIFE courses.

#### Limited to 30 participants

**Dates:** Oct. 6 – Nov. 24 (8 sessions) **Time:** Thursdays, 12:10 p.m. – 1:55 p.m.

**Fee:** \$39.00 **Moderator:** Shirley Griffin

#### Managing Your Digital Photographs



(For more information, see Computer Courses Section, pp. 22-24)

#### ... And All That Jazz



This is *the* class for jazz lovers. See and hear the greats in virtuoso performances of music that challenges mind, body, and soul. Come along to listen, enjoy, and be moved. This will be a survey of jazz within its social and historical context, with music drawn from an extensive CD and DVD library. This is not a repeat of last year's course, and much of the material will be new.

This course will be offered at Wellesley Central Place, 160 Wellesley Street East, northwest corner of Wellesley St. E. and Sherbourne St. This location is accessible by TTC.

**Mel Manley** and **Harold Swartz** love jazz and have been involved jazz fans for many years.

#### Limited to 35 participants

**Dates:** Sept. 29 – Dec. 1 (10 sessions) **Time:** Thursdays, 2:10 p.m. – 3:55 p.m.

**Fee:** \$45.00

**Moderators:** Mel Manley and Harold Swartz



#### **LIFE Travels**

Travel and Learn with LIFE!

Details of each forthcoming trip will be available on the LIFE blog and in the LIFE office.

#### Great Women Photographers



This course examines how women photographers create images from a woman's point of view, as well as how women themselves have been the subjects of the camera lens from Victorian times to the present. Works of legends like Annie Liebovitz and Dorothea Lange will be viewed and discussed, along with lesser known greats like Julia Margaret Cameron and Cindy Sherman. Each class will feature group discussion, presentation of famous photos and biographies, and celebration of the photographic image.

**Diane Sullivan** is a former teacher with a lifelong interest in the status of women in the arts.

**Lynn Reed** had a career in advertising and also taught visual arts at Harbourfront. She is passionate about lifelong learning and has been a LIFE member for three years.

#### Limited to 25 participants

**Dates:** Oct. 6 – Nov. 24 (8 sessions) **Time:** Thursdays, 2:10 p.m. – 3:55 p.m.

**Fee:** \$39.00

**Moderators:** Diane Sullivan and Lynn Reed

#### History of the English Language



Did you know that the word "travel" is derived from an instrument of torture? That hotels and hospitals have something in common? The fascinating history of the English language is full of such surprises. This course is a survey of the influences that have shaped English vocabulary over the years. In a lively and interesting way, we will tie the linguistic developments in with the social and political events with which they coincided. Topics will include why English spelling is so difficult, why we have such a large word-stock, and how dictionaries are written.

**Katherine Barber,** an authority on English usage, particularly in Canada, is "Canada's Word Lady," bestselling author, and founding editor of the Canadian Oxford Dictionary. Legions of fans appreciate her knack for making word histories lively and entertaining.

**Dates:** Oct. 13 – Dec. 1 (8 sessions) **Times:** Thursdays, 2:10 p.m. – 3:55 p.m.

**Fee:** \$55.00

**Lecturer:** Katherine Barber

#### **LIFE Blog**

Visit our blog at www.thelifeinstitute.blogspot.com/ for information on courses, course times, and classroom allocation.

#### What Does China's Rise Really Mean?

NEW!



All this talk about a new world order and the power shift from West to East really boils down to one thing: China. Whichever

way we look at it—economics, hard power, or soft power—China is on a roll. However, many accept this statement without carefully examining whether it really stands up to scrutiny and what it means. In this course, we will look at all aspects of China's rise, from how real it is to how it will affect everyone else. We will consider how the world might look in 2030, if China's rise continues its current trajectory.

As an international management consultant, **John Simke**, CA, worked with large corporations and governments to solve problems. **Pat Simke**, MBA, had a long career in health and wealth at senior levels in the public sector and as a business owner and investment advisor in the private sector. In retirement, both Pat and John have studied international relations at Cambridge and the London School of Economics. Questions on the course? jsimke@sympatico.ca

#### Limited to 30 participants

Dates: Sept. 29 – Dec. 1 (10 sessions)
Time: Thursdays, 2:10 p.m. – 3:55 p.m.
Fee: \$60.00 (includes the course booklet and

all handouts)

**Moderators:** John and Pat Simke

(NOTE: the \$12 cost of the course booklet is non-refundable.)

#### FRIDAY

Ballet Appreciation: The National Ballet of Canada Season



Enrich your experience of ballet in general and the National Ballet of Canada's season in particular, with insights into the choreography, design, and music. Deepen your appreciation of the technical aspects of dance by learning to recognize a different ballet step by name each week and understand its physical challenges. Included will be a tour of the National Ballet's studios with the opportunity to watch a rehearsal, learn how tutus and pointe shoes are made, and see how sets and costumes go from initial design to finished product.

**Katherine Barber,** "Canada's Word Lady," is a popular "Ballet Talk" presenter for The National Ballet of Canada and a highly knowledgeable balletomane. She vivaciously communicates her love and knowledge of the art form while demystifying its sometimes intimidating aspects.

**Dates:** Oct. 14 – Nov. 18 (6 sessions) **Time:** Fridays, 10:10 a.m. – 11:55 a.m.

**Fee:** \$45.00

**Lecturer:** Katherine Barber

#### The Economist Seminar

F48

What's better than reading *The Economist,* that well-known and highly respected magazine? Joining this seminar group to discuss what you've read! Each week, we select from many extensive and well-researched topics one or two articles, written one week prior and identified in time for the class to read. As subscribers know, there is no limit to the subjects dealt with in *The Economist;* they range from world events and conflicts to the powerful figures in the news, from economics and fiscal policy to science and technology to culture and the arts—important issues and ideas that affect our world. A lively exchange of views is our goal!

**Please Note:** Class members will be able to subscribe to The Economist at a considerably reduced annual rate.

**Lloyd Cadsby** and **Jay Waterman** are both retired lawyers who have found there is LIFE after law by pursuing their interest in world events.

#### Limited to 30 participants

**Dates:** Oct. 7 – Nov. 25 (8 sessions) **Time:** Fridays, 10:10 a.m. – 11:55 a.m.

**Fee:** \$39.00

**Moderators:** Lloyd Cadsby and Jay Waterman

#### Fall Birding in the Toronto Area



For the first week of this course, we will meet at the entrance to High Park, on Bloor Street just south of the High Park Subway station; a list of other meeting places, all accessible by TTC, will be provided at the first class. We will explore the city as we seek the best spots to observe our feathered friends. The moderator will share tips for using binoculars and bird books, and explain some of the techniques for bird identification. Walks are often on uneven ground, but the pace is leisurely. Wear sturdy footwear, dress for the weather (the course goes into December!) and come prepared to enjoy the outdoors.

**Doug Paton** leads birding walks for the Toronto Field Naturalists and enjoys sharing his expertise and experience in this fascinating hobby with other LIFE members.

#### **Limited to 40 participants**

**Dates:** Sept. 30 – Dec. 2 (10 sessions) **Times:** Fridays, 10:00 a.m. – 12:00 noon

**Fee:** \$45.00 **Moderator:** Doug Paton

\*Please note the starting time.

# • Five Operas Inspired by Shakespeare



Macbeth, Otello, and Falstaff, by Giuseppe Verdi Romeo and Juliette, by Charles Gounod Midsummer Night's Dream, by Benjamin Britten

The power of Shakespeare's characterizations and plots, and the richness of his language, even in translation, has attracted composers and librettists for centuries. Pre-eminent among composers is Verdi, the Italian counterpart to Shakespeare in the range and complexity of his creations. Among those attempting to set music to Shakespeare's original text, Benjamin Britten is the most successful. In the French operatic tradition, Gounod's version of *Romeo and Juliette* is outstanding. Shakespeare rules in any medium.

We will view the complete operas on DVD (subtitled); if time permits, we will view different versions of the same opera.

**Marcel Deurvorst** will host the series while **Eric Domville**, U of T Professor Emeritus, a Shakespeare scholar, lecturer, broadcaster, and writer on opera, will introduce the series and each of the five operas.

#### Limited to 60 participants

**Dates:** Sept. 30 – Dec. 2 (10 sessions) **Time:** Fridays, 10:00 a.m. – 11:55 noon

**Fee:** \$75.00 (includes surcharge for use of the

Textile Museum auditorium)

**Moderator:** Marcel Deurvorst **Lecturer:** Eric Domville

**Location:** Auditorium of the Textile Museum,

55 Centre Street, steps from the St. Patrick

subway station.

\*Please note the starting time.

#### The Paradox of Director Steven Spielberg



He may be the world's most successful filmmaker (Jaws, Raiders of the Lost Ark), but director Steven Spielberg has never received the respect he deserves, either dismissed as a shallow entertainer or simply taken for granted. But his influence, not just in Hollywood, is unparalleled. We'll look at the paradox of this exciting, visceral filmmaker, warts and all. He's successful, but is he an artist? We'll examine his early commercial movies – the superb TV movie *Duel* – and his groundbreaking science-fiction movies, such as E.T., Close Encounters of the Third Kind, and A.I.: Artificial *Intelligence,* as well as his provocative, less commercial movies, such as Schindler's List, Saving Private Ryan, and *Munich*. We'll also look at his impact on both his contemporaries and up-and-comers, from Star Wars' George Lucas to Star Trek's J.J. Abrams. At nearly 65, Steven Spielberg remains a potent force in an industry which marginalizes older directors. We'll explore why he matters so much.

**Shlomo Schwartzberg** has been an arts reporter, film critic, and programmer for 25 years. He is the current chair of the Toronto Jewish Film Society and is a regular contributor to the Critics at Large website (criticsatlarge.ca/)

**Dates:** Oct. 14 – Dec. 2 (8 sessions) **Time:** Fridays, 12:10 p.m. – 1:55 p.m.

**Fee:** \$55.00

**Lecturer:** Shlomo Schwartzberg

# Reviewing the Reviews: A Liberal Education via Book Reviews



If you always turn to the book section of your newspaper and read the reviews, whether you've read the book or not, then this is the course for you. Well-written and authoritative reviews can take us far afield—exploring ideas and issues, raising questions, eliciting opinions, and creating new interests. This course will do all that and more as we share our reactions to selected reviews of notable, recently published works. It will expand your "liberal education" by providing an intellectually stimulating arena for discussion and debating great ideas and thoughts. And perhaps create a burning desire to read some wonderful new books!

In ancient times **Norm Forman** studied and taught English literature. More recently he authored three books whose reviews were generally favourable! Currently he is a psychologist working towards benefiting families with school children who have exceptionalities. In this endeavour, he has reviewed countless documents, albeit not literary in scope!

#### **Limited to 25 participants**

**Dates:** Sept. 30 – Dec. 2 (10 sessions) **Time:** Fridays, 12:10 p.m. – 1:55 p.m.

Fee: \$45.00 Moderator: Norm Forman

#### ■ Toronto Topics



Like all great cities, Toronto faces urban challenges. This course will focus on some of those issues, with presentations by a series of expert speakers. We'll look at Union Station, its history, importance, and revitalization. We'll move on to see how Regent Park is changing, and then tackle the problems of poverty and housing. We'll find out about urban agriculture, the growing of food in our back yards, and high rises. Transit in Toronto, its options and future, will be our next stop. Finally, we'll examine the existence of diversity in our institutions. Our speakers will be some of the top experts on Toronto's problems, such as Michael Shapcott on housing, well-known street nurse Cathy Crowe, and a transit advocate. Each class will include a presentation, followed by a question-andanswer session, and discussion.

**Lester Brown** is the president of a neighbourhood association and has sat on several stakeholder/working groups and committees concerned about development and revitalization. He has co-moderated a World Studies course, *Emerging Cities*, and moderated a course on *Toronto's Waterfront Development*.

#### Limited to 30 participants

**Dates:** Oct. 7 – Dec. 2 (9 sessions) **Time:** Fridays, 12:10 p.m. – 1:55 p.m.

Fee: \$42.00 Moderator: Lester Brown

#### Extraordinary Marriages: For Better, For Worse



Famous marriages abound—just think of Antony and Cleopatra, Henry VIII and Anne Boleyn (among others!), Queen Victoria and Prince Albert, Bill and Hillary Clinton. Why did they marry? What made these marriages work or end? We will look at some of the many reasons for getting married and some of the more unusual outcomes. We will touch on the history of marriage and speculate on the future. Our discussions will consider the marriages of famous couples resulting in astonishing consequences. Participants will research and present reports on extraordinary marriages for class discussion.

**Helen Burford** has moderated a number of classes on many diverse topics. Of marriage, she says: "I got it right the second time. However, that does not give me the right to offer advice to anyone." She is eager to explore, with the class, what makes for great partnerships.

**Cathy Quick** worked as an adult educator and trainer in both official languages. She looks forward to the chance to investigate the institution where the desired outcome is joy, which may or may not be achieved.

#### Limited to 30 participants

**Dates:** Oct. 14 – Dec. 2 (8 sessions) **Time:** Fridays, 2:10 p.m. – 3:55 p.m.

**Fee:** \$39.00

**Moderators:** Helen Burford and Cathy Quick

#### **Accessibility @Ryerson**

Would you like to know where the stairs, accessibility paths, ramps, and automated doors are located in Ryerson's buildings? There is a comprehensive set of Ryerson University Accessibility maps, in pdf format, available online at ryerson.ca/cpf/accessmaps.html

#### Fabulous Fridays: Adventures in Art

F55

This is what makes Fridays fabulous—an entertaining, provocative, and stimulating stroll through the visual arts with Terry McGrail leading the way. Perhaps it will be a visit to a small, intimate gallery or the fascinating studio of a Toronto artist or the AGO or ROM. Whatever the venue, you can be sure it will be special.

And after the visual experiences, many participants linger over a coffee to discuss their reactions.

Note: There is a fair amount of walking involved in gallery hopping. Transportation is NOT provided.

**Terry McGrail** has a long-standing interest in the visual arts. She loves to share her passion and knowledge with the many groups that she has led over the years. This very popular program always attracts a large number of participants, many of whom return again and again.

#### Limited to 40 participants

Dates: Oct. 7 – Dec. 9 (10 sessions)
Time: Fridays, 1:00 p.m. – 3:00 p.m.
Fee: \$85.00 (Includes all extra costs)

**Moderator:** Terry McGrail \*Please note the starting time.

**Note:** In view of the popularity of this course and its traditionally long waitlist, if you are likely to miss three or more sessions, please do not enroll so that there is space for others.

#### Wine Tasting: Comparative Grapes Around the World



Do you enjoy sipping a glass of wine with friends? As you savour the taste, do you wonder why the taste of an Australian Chardonnay or Shiraz is different from a California Chardonnay or Shiraz? Well, here's an afternoon class you shouldn't miss. Michael Pinkus, LIFE's Grape Guy, will lead us on a trip around the world comparing grape varieties. Along the way, we'll pick up information on the history and secrets of wine-making, and various styles of wine. And Friday afternoon is the perfect time. Bring along some bread to cleanse the palate between the various tastings and a set of six inexpensive tasting glasses. Come, learn, and enjoy!

**Michael Pinkus** is currently President of the Wine Writers Circle of Canada and award-winning writer for OntarioWineReview. He has created and planned the wine courses for LIFE over the past three years and leads our bus tours to Niagara Wineries.

#### **Limited to 20 participants**

 Dates:
 Oct. 7 – Nov. 25 (8 sessions)

 Time:
 Fridays, 2:10 p.m. – 3:55 p.m.

 Fee:
 \$125.00 (includes cost of wine)

**Lecturer:** Michael Pinkus

#### SUNDAY

#### EXTRA! EXTRA!

F57

Sunday, October 23, 2:00 p.m.

(Open to all LIFE Members)

All My Sons, an American classic, by Arthur Miller. Amicus Productions, Fairview Library Theatre.

Directed by our very own **Harvey Levkoe** 

Joe Keller is a thriving businessman who reveres the twin American Gods of family and profit. During World War II, he allowed defective airplane parts to be used, and he and his family are haunted by the consequences of his lack of morality and responsibility.

**Fee:** \$15.00 (A map to the theatre will be provided.)

Please note: Harvey Levkoe is offering a course Arthur Miller and the American Dream (F18) this session. See page 10 for details.

# PROGRAMS FOR 50+ VOLUNTEER OPPORTUNITIES

The Chang School of Continuing Education, Programs for 50+, offers opportunities for older adults to share their skills, knowledge, experience, and time with Ryerson students who are interested in developing their English language skills and acquiring a better understanding of Canadian culture.

- Conversational Connections is a program that gives multilingual students an opportunity to practise conversational English in an informal setting. Volunteers meet with a student for approximately one hour per week over a semester. This is a collaborative program with English Language Support (ELS), a unit of Ryerson Student Services.
- **Research Opportunities:** Connect with Ryerson faculty researchers and their studies into issues that affect many of us. From psychology to engineering to business, departments often need volunteers. You can contribute to valuable research.

We are always looking for new volunteers. To be a part of this unique community, please check the appropriate box on the Course Registration Form. If you know of anyone who may be interested, please let us know or have them call us.

For more information, visit our website at www.ryerson.ca/ce/programs50plus or call Mena Carravetta at (416) 979-5103 or e-mail mena.carravetta@ryerson.ca.

#### FALL 2011 COMPUTER COURSES

#### **IMPORTANT REGISTRATION INFORMATION**

Please register early through the LIFE office for all Computer Courses. Pay only after your space in this course is confirmed. Put your name on the Wait List if the class is full. A repeat of the class may be run if there is sufficient demand. Call (416) 979-5000, ext. 6989 to register.

#### M $\mathbf{O}$ D

#### PowerPoint 2010



PowerPoint can help you to be a good presenter. Learn the basics of this program. However, you **must** have a topic to create your own PowerPoint program.

Bring your idea—my trip to Antarctica, Ireland's March to Peace, the Hindenburg disaster, etc. Have data, maps, information, charts, pictures, graphs, etc. on a disk or memory stick. On Day 1, we'll learn how to put a program together. You'll have a week of homework to refine your program, and on Day 2, we'll make final edits, show off our presentations, and critique each other's work.

Please call Geoff Arnold at (416) 214-6357 to discuss your idea before registering.

**Prerequisite:** Basic computer skills; your own computer with PowerPoint.

#### Limited to 4 participants

**Dates:** Oct. 17 and Oct. 24 (2 sessions) Time: Mondays, 10:00 a.m. – 11:55 a.m. Fee: \$21.00 per set of 2 sessions

Instructor: Geoff Arnold

#### Managing Your Digital Photographs

This is a series of three two-hour workshops which explore Picasa, software available for free on the Internet from Google. The program enables you to organize, edit, and share your digital photos. The newest version (version 3.8) has added many new and exciting features. You may sign up for all three parts or choose to go directly to Part Two or Part Three, if you are already familiar with the material in the previous Parts.

#### Part One



Part One will introduce the program, look at how to import pictures from your camera or another device such as a flash drive, how to organize folders and files, how to sort, move, and delete pictures, and how to create albums.

#### **Limited to 4 participants**

Date: Nov. 7

Time: Monday, 10:00 a.m. – 11:55 a.m.

Fee: \$18.00 per workshop **Madeline Radics** Instructor:

#### **Part Two**



Part Two will focus on editing our photos. In addition to the basic fixes such as cropping, and adjusting colour, and lighting, there are new effects which allow you to retouch photos and add captions and labels. We will also look at exporting and saving your edited images.

#### Limited to 4 participants

Date: Nov. 14

Time: Monday, 10:00 a.m. - 11:55 a.m.

\$18.00 per workshop Fee: **Instructor: Madeline Radics** 

#### Part Three



Part Three will look at ways to share your images with family and friends. We will learn to make web albums, gift CDs, collages, movies, and slideshows. We will practise using Picasa to send pictures by email or to post them on a web album. We will also see how Picasa can be used to send or take pictures to be printed.

#### **Limited to 4 participants**

Date: Nov. 21

Time: Monday, 10:00 a.m. – 11:55 a.m.

\$18.00 per workshop Fee: Madeline Radics Instructor:

#### Understanding Web Page Codes — F60



If you have an Internet connection, you probably have wondered how all the visual action "happens" on your monitor. You perhaps have also considered creating a web page or blog of your own. There are a number of sources for layout and design with all the coding supplied; we will look at some of them. However, understanding Hyper Text Markup Language (HTML) and how to make changes to your content from time to time would be very helpful to you. This class will offer a basic introduction to the HTML language and help you to build and/or alter your web page information and pictures as desired.

**Prerequisite:** Access to a computer with an Internet connection.

#### Limited to 4 participants

Oct. 17 and 24, or Nov. 28 and Dec. 5 **Dates:** 

(2 offerings of 2 sessions each)

Mondays, 12:10 p.m. – 1:55 p.m. Time:

Fee: \$21.00 per set of 2 sessions

**Instructor:** Ron McKee

#### TUESDAY

#### Downloading Music



Have you ever wondered how to listen to your favourite music or radio station on your computer, or download music to your computer, DVD, or memory stick? If so, come to this workshop!

**Prerequisite:** For PC users. **Limited to 4 participants** 

**Date:** Oct. 4 or Nov. 15 (2 offerings) Time: Tuesday, 10:00 a.m. – 11:55 a.m.

**Fee:** \$18.00 per workshop

**Instructor:** Peter Tuer

#### Tables and Charts with Excel 2010



Tables are important for everything from schedules, to lists of names and addresses, to tracking your finances. Excel can help – especially with the math.

This workshop will show you how easy it is to create tables and charts for various useful purposes.

**Prerequisite:** For PC users with a working knowledge of computer basics.

#### **Limited to 4 participants**

**Dates:** Oct. 18 and 25, or Nov. 29 and Dec. 6

(2 offerings of 2 sessions each)

**Time:** Tuesdays, 10:00 a.m. – 11:55 a.m.

**Fee:** \$21.00 per set of 2 sessions

**Instructor:** Peter Tuer

#### Internet and E-Mail



In this course, you will learn how to send and receive e-mail with attachments, use search engines to explore the Internet, and use address books and bookmarks. Time permitting, you will be introduced to newsgroups, chat lines, and downloading. The primary browser is Internet Explorer.

If you have a web mail account, please bring your e-mail address and password for practice purposes.

**Prerequisite:** Access to a computer with an Internet connection.

#### **Limited to 4 participants**

Date: Nov. 15

**Time:** Tuesday, 10:00 a.m. – 11:55 a.m.

**Fee:** \$18.00 per workshop

**Instructor:** Peter Tuer

#### Managing Files and Folders

F64

In this workshop, you will learn how to organize your files into a meaningful set of folders that you create. You will also learn to search for files in case you have forgotten where you put them. Finally, you will learn about file extensions, how you make them visible, how you tell your computer what program to use to open up various types of files, and how to get rid of junk files.

**Prerequisite:** For PC users who have basic keyboard and mouse skills.

#### **Limited to 4 participants**

**Date:** Oct. 4 or Nov. 1 (2 offerings) **Time:** Tuesday, 2:10 p.m. – 4:00 p.m.

**Fee:** \$18.00 per workshop

**Instructor:** Allan Currie

#### Windows 7



This workshop will address the main functions of the Windows operating system, the start menu, and control panel.

**Prerequisite:** For PC users with a working knowledge of computer basics.

#### **Limited to 4 participants**

**Date:** Oct. 18

**Time:** Tuesday, 2:10 p.m. – 4:00 p.m.

**Fee:** \$18.00 per workshop

**Instructor:** Allan Currie

#### WEDNESDAY

#### Word Processing: The Basics

Microsoft Word is the most commonly used program to create documents. Microsoft Office changed its user interface starting with Word 2007, so that the access to functions such as File, Insert, or Edit is no longer through menus and sub-menus, but through what they refer to as a "fluent ribbon." Of course, everything that could be done before is still available, but it would be very confusing for any new user to take a course on the new program if what they have at home is an older version!

Two versions of the basic course are offered, one, using Word 2003 and the other, Word 2010. In each course, you will learn or review the basics of opening and saving documents, formatting, changing fonts and layouts, cutting and pasting, making lists with bullets, and checking spelling and grammar.

#### • Basic Course Using Word 2003



**Prerequisite:** For PC users with basic keyboard and mouse skills.

#### Limited to 4 participants

**Dates:** Oct. 5 and 12 (2 sessions)

**Time:** Wednesdays, 2:10 p.m. – 4:00 p.m.

**Fee:** \$21.00 per set of 2 sessions

**Instructor:** Hermine Borduas

#### Basic Course Using Word 2010



**Prerequisite:** For PC users with basic keyboard and mouse skills.

#### Limited to 4 participants

**Dates:** Oct. 26 and Nov. 2 (2 sessions) **Time:** Wednesdays, 2:10 p.m. – 4:00 p.m. **Fee:** \$21.00 per set of 2 sessions

**Instructor:** Hermine Borduas

#### Labels, Business Cards, and Mailing Lists (Word 2010)



Learn how to use the Labels feature in the program to create business cards. Do you mail out many invitations or greeting cards? Learn how to get all the address labels you need in one print operation.

**Prerequisite:** A working knowledge of computer basics.

#### Limited to 4 participants

Dates: Oct. 19 or Nov. 30

**Time:** Wednesday, 2:10 p.m. – 4:00 p.m.

**Fee:** \$18.00 per workshop Hermine Borduas

#### Tables in Word 2010



Much information can be most succinctly conveyed in tabular form. Learn how to generate a table of several rows and columns, with many more formatting options than when using the Excel program.

**Prerequisite:** A working knowledge of computer basics.

#### **Limited to 4 participants**

Date: Nov. 16

**Time:** Wednesday, 2:10 p.m. – 4:00 p.m.

**Fee:** \$18.00 per workshop Hermine Borduas

#### THURSDAY

#### Managing Your Digital Photographs

This is a series of three two-hour workshops which explore Picasa, software available for free on the Internet from Google. The program enables you to organize, edit, and share your digital photos. The newest version (version 3.8) has added many new and exciting features. You may sign up for all three parts or choose to go directly to Part Two or Part Three, if you are already familiar with the material in the previous Parts.

#### Part One



Part One will introduce the program, look at how to import pictures from your camera or another device such as a flash drive, how to organize folders and files, how to sort move and delete pictures, and how to create albums.

#### Limited to 4 participants

Date: Oct. 13

**Time:** Thursday, 12:10 p.m. – 1:55 p.m.

**Fee:** \$18.00 per workshop Martha Pluscauskas

Part Two

F69B

Part Two will focus on editing our photos. In addition to the basic fixes such as cropping, and adjusting colour and lighting, there are new effects which allow you to retouch photos and add captions and labels. We will also look at exporting and saving your edited images.

#### **Limited to 4 participants**

Date: Oct. 20

**Time:** Thursday, 12:10 p.m. – 1:55 p.m.

**Fee:** \$18.00 per workshop **Instructor:** Martha Pluscauskas

**Part Three** 

-F69C

Part Three will look at ways to share your images with family and friends. We will learn to make web albums, gift CDs, collages, movies, and slideshows. We will practise using Picasa to send pictures by email or to post them on a web album. We will also see how Picasa can be used to send or take pictures to be printed.

#### Limited to 4 participants

Date: Oct. 27

**Time:** Thursday, 12:10 p.m. – 1:55 p.m.

**Fee:** \$18.00 per workshop **Instructor:** Martha Pluscauskas

# Fall 2011 Courses at a Glance

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(Please cut along perforated line and stick it on your fridge for reference.)

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Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING</b> 10:10 a.m 11:55 a.m.	□ An Affectionate Look at Broadway Musicals: The Second Act □ Exploring the Gardens of Europe □ Politics, People, and Other Issues □ Reader's Theatre	☐ Bewitchment in Fairy Tales: A Jungian View ☐ Black Canadian Luminaries ☐ Feeding the World: Past Success and Future Challenge ☐ The History of Hollywood	☐ The Arts and Canadian Identity ☐ Digital Photography: Intermediate Level* ☐ Immigration as a Global Phenomenon ☐ Landscapes of Renaissance Italy	☐ Current Events ☐ Kickstarting Your Creativity: A Playful Springboard to Writing ☐ J. S. Bach: His Life and Times and His Music ☐ The NFB at the Oscars*	<ul> <li>□ Ballet Appreciation: The National Ballet of Canada Season</li> <li>□ The Economist Seminar</li> <li>□ Fall Birding in Toronto*</li> <li>□ Five Operas Inspired by Shakespeare*</li> </ul>
<b>NOON</b> 12:10 p.m 1:55 p.m.	☐ Ethical Issues in the News☐ The History of Comedy: Tragedy Plus Time☐ The Things We Only Read to Our Children	☐ The Art of Possibility☐ Arthur Miller and the American Dream☐ Philosophy Café*☐ Protecting Your Money:☐ Guard Against Greed	<ul> <li>□ Book Talk</li> <li>□ Cuba at the Crossroads:</li> <li>Past, Present, and Future</li> <li>□ Recording Recollections</li> </ul>	☐ Psychology: Lunch n'Learn* ☐ Weird Historical Events ☐ Whodunit? And Why Do We Want to Know?	☐ The Paradox of Director Steven Spielberg☐ Reviewing the Reviews: A☐ Liberal Education via Book Reviews☐ Toronto Topics☐
<b>AFTERNOON</b> 2:10 p.m 3:55 p.m.	☐ Marc Chagall: A True Modernist ☐ Portraiture in Painting ☐ An Art Lover's Banquet ☐ Chantons en français, s.v.p. ☐ Medical Issues That Tear Your Heartstrings ☐ The Role of the Media in the Modern World	☐ How Energy Will Shape Our World ☐ How to Appreciate Statistics ☐ Roads to Perdition: The Dark Allure of Film Noir ☐ Spanish Conversation	☐ Canada's Wrongfully Convicted ☐ Conversations et lectures de textes littéraires variés de langue française ☐ Europe: Stagnation or Renewal? ☐ Theatre Alive!*	☐ And All That Jazz ☐ Great Women Photographers ☐ History of the English Language ☐ What Does China's Rise Really Mean?	□ Extraordinary Marriages: For Better, For Worse □ Fabulous Fridays: Adventures in Art* □ Wine Tasting: Comparative Grapes Around the World

# Fall 2011 Computer Courses at a Glance

Time	Monday	Tuesday	Wednesday	Thursday
10:10 a.m. – 11:55 a.m.	☐ PowerPoint 2010 ☐ Managing Your Digital Photographs	☐ Downloading Music ☐ Tables and Charts With Excel 2010		
		☐ Internet and E-mail		
12:10 p.m. – 1:55 p.m	☐ Understanding Web Page Codes			🗆 Managing Your Digital Photographs
2:10 p.m. – 4:00 p.m.		☐ Managing Files and Folders ☐ Windows 7	☐ Word Processing: The Basics ☐ Labels, Business Cards and Mailing Lists ☐ Tables in Word 2010	

\*Please check times in the calendar for these courses.

•Extra! Extra! Sun.,
Oct. 23, 2:00 p.m.
Please see page 21
for this event.

# LIFE Goes to the Movies!

If you're a movie lover, watch LIFE's blog site www. lifemovieclub.blogspot.com for news about our group, which meets on the first Tuesday of each month.



A late afternoon movie is followed by dinner/snack and discussion at a nearby restaurant. Emails are sent out the week prior to the film with details of that month's choice. (RSVP to the email by the Sunday before the meeting, if you are able to attend the post-movie dinner, so reservations can be made. No need to RSVP if you are only attending the movie.)

Theatres are selected at central locations on the subway line with restaurants nearby.

You must be a member of the LIFE Institute at Ryerson University, and you need to register your interest at lifemovieclub@gmail. com.

**Coordinators:** Judith Lawrence,

Dorothy Knight, and Nancy Cooper



# The Computer Club

All members are welcome!

The Computer Club meets every month to share computer experiences and listen to short presentations. Ample time is provided for general question-and-answer sessions. The club normally meets in a computer lab with individual computers for those who attend.

All LIFE members are welcome, whether they are taking computer courses or not.

**When:** First Friday of the Month 10:00 a.m. to 12:00 noon

Annual Fee: \$5.00

Coordinators: Allan Currie (416) 504-0500 and

Madeline Radics

# LIFE TRIPLE 'E' INVESTMENT CLUB

Our Investment Club meets
monthly between September and
June to enhance our knowledge
about investing. We review the economic events of
the past month with participation by all members.

We make presentations, review reports and books, and discuss issues and suggestions raised by members.

All LIFE members are welcome to join.

**When:** Second Wednesday of each month

**Time:** 12:00 noon – 3:00 p.m.

Annual Fee: \$5.00

Coordinator: Andrée Liddell (416) 927-0239



# Book Club: Novels of the 19th Century

Let's revisit and rediscover the great works of literature from the 19th century and earlier that have stood the test of time. Their themes are universal, their characters memorable, their scope large, and their insight profound. Join us as we meet on the 4th Saturday of every month to savour some literary classics.

All LIFE members are welcome to join.

When: September 24, October 22,

November 26

**Time:** 10:00 a.m. – 12:00 noon

Annual Fee: \$5.00

Coordinators: Patricia Wilkes (416) 766-0833,

Simon Pearson, Martha Wall

#### Acknowledgement and Release of Liability

Members and Guests of the LIFE Institute ("LIFE") understand that they may choose to participate in courses and activities some of which may take place off the campus of Ryerson University (Ryerson). Should they suffer any injury of any sort during the course of such activities or during activities which take place at the Ryerson campus, they acknowledge that they may not hold LIFE or Ryerson or any persons connected with either LIFE or Ryerson responsible for such injury and agree to release all parties of any liability in connection therewith. If any member or guest of LIFE has any condition which may make an activity (including any meals or food which may be offered or provided) any more hazardous for them than for the average person, they undertake to bring this to the attention of the course or activity leader or moderator and accept his or her judgment as to the advisability of their participation. Anyone who fails to mention such condition or decides to continue with the course or activity despite being advised not to must understand that he or she does so entirely at her or his own risk, relying on his or her own judgment for this purpose. Members and guests should also note that, if any member or guest, while on an off-campus activity of LIFE, should cause damage to person or property, they are NOT relieved of liability even if the insurance of LIFE, Ryerson, or any other person may also provide coverage.



# **LIFE Travels**

Travel and learn with LIFE!

#### **Forthcoming Trips**

• Three-day Bus Tour: Caravaggio in Ottawa September 8, 2011

Some seats may still be available. Call Marilyn Gingerich at (416) 488-2674

#### • LIFE Travels to Cuba Mid-March 2012

LIFE Travels is planning a trip to Cuba for approximately 12 days in mid-March 2012. Full details will be available soon.

This trip will let you experience firsthand some innovative social and cultural programs in Havana and elsewhere, as well as visit interesting and sustainable small towns. The total cost including airfare will be in the region of \$2,700 to \$3,000.

It is strongly recommended that those interested also sign up for the course Cuba at the Crossroads: Past, Present, and Future. (Code F30 on page 13 of this Calendar)

#### **More to Come**

We are currently planning more trips for later in 2012.

Watch for further details of our trips on the LIFE blog and in the LIFE office. For more information, contact Simon Pearson at: lifetravels@ymail.com



# LIFE Institute The G. Raymond Chang School of Continuing Education RYERSON UNIVERSITY

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#### LIFE Blog

Visit our blog at www.thelifeinstitute.blogspot.com/ for information on courses, course times, and classroom allocation.

#### LIFE Website

Visit our web site at www.ryerson.ca/~lifeinst for information on courses, course times, and classroom allocation.